



# Urban Kitchen Gardening

## Learn to Grow Vegetables in Small Urban Spaces Sustainably

### Course Mode:

- Online (Live & Recorded Sessions)
- Offline (Hands-On Sessions)

### Why Learn Urban Kitchen Gardening?

Urban kitchen gardening empowers you to grow fresh vegetables and herbs right at home, even in small spaces. This course equips you with sustainable gardening practices, saving resources while promoting healthy, organic food production.

### Who Should Take This Course?

- Urban residents interested in growing their own vegetables
- Beginners with no prior gardening experience
- Sustainable living enthusiasts
- Anyone looking to reduce their food footprint and eat organic

### Course Overview

#### Module 1: Introduction to Urban Gardening

- Benefits of urban kitchen gardening
- Basic principles of sustainable gardening
- Understanding space and light requirements
- Selecting the right plants for urban spaces

#### Module 2: Setting Up Your Urban Garden

- Using containers, raised beds, and vertical gardening techniques
- Soil preparation and composting basics
- Water conservation techniques
- DIY gardening tools and hacks

#### Module 3: Growing and Maintaining Your Garden

- Planting and caring for vegetables and herbs

- Natural pest control methods
- Seasonal gardening tips for urban areas
- Harvesting and maintaining soil health

#### **Module 4: Advanced Sustainable Practices**

- Hydroponics and aquaponics for small spaces
- Maximizing yield with crop rotation
- Using AI tools to monitor plant health
- Building a community around urban gardening

#### **Course Highlights**

- Practical tips for urban gardening success
- Beginner-friendly with no prior experience required
- Mentorship from gardening experts
- Certification upon successful completion
- Community support to connect with fellow gardeners

#### **How to Enroll?**

1. Visit our website: [www.ecologic.co.in](http://www.ecologic.co.in)
2. Select the course and fill out the enrollment form
3. Receive confirmation and start your urban gardening journey!

Email: [puneet@ecologic.co.in](mailto:puneet@ecologic.co.in)

Phone: +91-9872856485